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SOS

810 N. Silver St

Silver City, NM 88061

575-956-6131

575-956-6947

Taliferro, Miya

ID: 1000010739075 DOB: 7/10/1992

Use Note Creation Time

Clear Time

Set Date/Time

6/25/2023

3:38 PM

Group Therapy Note (SOS)

Time spent face to face with patient and/or family and coordination of care: 240 min  
Session start: 10:00 AM  
Session end: 2:00 PM

Session Remarks: Therapy Type:

Recreation

The purpose of today's group was to provide skills training around the topic of 'recreation and socialization', for the purpose of developing skills related to improving independent community living, maintaining a stable living environment, improving interpersonal effectiveness, decreasing anxiety symptoms, decreasing anger outbursts, and decreasing depressive symptoms.

Present Today:  
Present at today's session were the following:  
Ten members of the group were present today.

Group was facilitated by Jeffrey Finer, CPSW, Lawren Davenport, CPSW, and Christina Wolford, LCSW

Group Leader Interventions:  
Group Leader engaged group in mood check/safety check. Group leader engaged group in review of yesterday's experiences and topics.  
Group leader provided a review of skills learned over the weekend and bridged session into new topic area.  
Group leader used DBT around the topic of 'mindfulness,' for the purpose of increasing interpersonal effectiveness. The group participated in exploration of the Gila River, and planning and organizing meal preparation and socialization.

Individual Remarks:

Appearance and Behavior:

In today's session Miya appeared friendly, communicative, and happy.

Participation:

She was over talkative or hyperv verbal in today's session. Miya fully participated in the exploration of the river today. She was able to discuss feelings about many firsts for her on this adventure. She was able to discuss ways that this experience will assist her in life and in her recovery goals.

Stage of Change:

Action

Service Location

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Audit Log

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